



## Equity Starts Here Challenge

North Carolina Community Action Association

# DAY 2: RACISM

Racism has been an issue in the United States almost since it became a country. Last summer, racism escalated to the forefront of everyone's mind. Clearly, our country has a lot of work to do before we truly end racism in America.

Racism is an emotionally charged subject. During this week, you can expect to feel a lot of emotions. To begin eradicating racism, we have to learn to face these emotions, rather than just leaning on anger or other feelings.

Today, select one or more of the following to read or view:

- [The Lie that Invented Racism – TEDxCharlottesville](#) (video)
- [What is racial equity? - Catalyzing Racial Justice](#) (article)
- [Rethinking diversity: why we need equity to stop oppression - TED xSuffolkUniversity](#) (video)
- [Systematic Inequality – Center for American Progress](#) (article)

Discussion and Pondering Questions:

- What feelings arose during today's exercises?
- Did anything make you feel defensive?
- Was anything in the material hard to hear or understand?
- If you were to explain modern racism, how would you define it?
- What part of the material was applicable to your life?

Don't forget to share your thoughts with your inner circle today! If you post on social media, be sure to use the hashtag *#EquityStartsHereChallenge*